Cardiovascular System

Barth Syndrome

Heart Failure

In left-sided heart failure, the left-side of the heart is no longer strong enough to push blood through the body. When this happens, blood backs up in the lungs and dilates the heart.

Signs and Symptoms of Right-Sided Heart Failure
- Abdominal bloating, bulging veins in the neck, fatigue, weight gain, loss of appetite, nausea, bluish color in the feet and legs, cold feet and legs, swelling in the legs and feet

Signs of Left Sided Heart Failure
- Restlessness, confusion due to low oxygen to the brain, fatigue, pale skin color, lung congestion, breathing difficulties, shortness of breath, rapid heart rate, sweating, blood tinged sputum

Over time, the right-side of the heart has to work harder and harder to push blood into the already overcrowded lungs. Eventually, the right-side of the heart just gets tired and can’t do it anymore. This leads to right sided heart failure.

https://www.barthsyndrome.org